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## Top ways to vacuum more efficiently

CHICAGO, IL —Some cleaning professionals have been vacuuming carpets for so long that they think they were born knowing how to do it, [according to a press release](#).

Not so: Vacuuming is a learned task and vital to proper cleaning, and there are ways to make vacuuming faster, safer and more effective, the release stated.

According to the release, this month's Tornado Top 10, about proper vacuuming techniques using an upright vacuum cleaner, include:

1. Always first inspect the area to be vacuumed. If a carpet is wet, for instance, the moisture can be vacuumed into the machine and potentially damage internal components. A quick inspection can prevent such damage from occurring.
2. Pick up coins, paper clips and large debris before vacuuming. Do not assume the machine can safely "digest" these larger items.
3. Check the filter bag before each use, especially if the vacuum is used by other users. Change the bag when it is two-thirds full.
4. Check the bottom of the vacuum cleaner. Ensure that connections and connectors are tight and remove any debris.
5. Check the brush. If twine or debris is caught in the brush, use a comb or similar object to remove it.

"A final consideration is to simply notice how you feel after vacuuming," said Jolynn Kennedy, marketing manager for [Tornado Industries Inc.](#)

"If your hand, arm or shoulder hurts, that could be a sign that a more ergonomically designed machine is needed," Kennedy added.

For the rest of the Tornado Top 10, [click here](#).

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